

# Spin and thermal conductivity of quantum spin chains and ladders

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We study the spin and thermal conductivity of spin- $\frac{1}{2}$  ladders and chains at finite temperature, relevant for experiments with quantum magnets. Using a state-of-the-art density matrix renormalization group algorithm, we compute the current autocorrelation functions on the real-time axis and then carry out a Fourier integral to extract the frequency dependence of the corresponding conductivities. The finite-time error is analyzed carefully. We first investigate the limiting case of spin- $\frac{1}{2}$   $XXZ$  chains, for which our analysis suggests nonzero dc conductivities in all interacting cases irrespective of the presence or absence of spin Drude weights. For ladders, we observe that all models studied are normal conductors with no ballistic contribution. Nonetheless, only the high-temperature spin conductivity of  $XX$  ladders has a simple diffusive, Drude-like form, while Heisenberg ladders exhibit a more complicated low-frequency behavior. We compute the dc spin conductivity down to temperatures of the order of  $T \sim 0.5J$ , where  $J$  is the exchange coupling along the legs of the ladder. We further extract mean-free paths and discuss our results in relation to thermal conductivity measurements on quantum magnets.

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## I. INTRODUCTION

Low-dimensional quantum magnetism is a field in which an extraordinary degree of quantitative agreement between experimental results and theory has been achieved due to the availability of both high-quality samples and powerful theoretical tools such as bosonization [1], the Bethe ansatz [2], series expansion methods [3,4], or the density matrix renormalization group [5,6]. This includes the thermodynamics [7,8], inelastic neutron scattering data [9,10], as well as various other spectroscopic methods [11]. While there are also exciting experimental results for spin diffusion probed via NMR [12,13] or  $\mu$ sr [14,15] as well as for the thermal conductivity [16,17], the calculation of finite-temperature linear-response transport coefficients poses a formidable problem for theorists (see Refs. [18,19] for a review), which is further complicated by the need to account for phonons and impurities (see Refs. [20–26] for work in this direction).

Very recently, significant progress has been made in the computation of linear response transport properties of the seemingly simplest one-dimensional model, the integrable spin- $\frac{1}{2}$   $XXZ$  chain with an exchange anisotropy  $\Delta$ . Its Hamiltonian reads

$$H = J \sum_{n=1}^{L-1} [S_n^x S_{n+1}^x + S_n^y S_{n+1}^y + \Delta S_n^z S_{n+1}^z], \quad (1)$$

where  $S_n^{x,y,z}$  is a spin- $\frac{1}{2}$  operator acting on site  $n$ . The spin and thermal conductivities generally take the form

$$\begin{aligned} \text{Re } \sigma(\omega) &= 2\pi D_s \delta(\omega) + \sigma_{\text{reg}}(\omega), \\ \text{Re } \kappa(\omega) &= 2\pi D_{\text{th}} \delta(\omega) + \kappa_{\text{reg}}(\omega), \end{aligned} \quad (2)$$

where  $D_s$  and  $D_{\text{th}}$  denote the Drude weights, and  $\sigma_{\text{reg}}$  and  $\kappa_{\text{reg}}$  are the regular parts. The exact conservation of the energy

current [27] of the  $XXZ$  chain renders the zero-frequency thermal conductivity strictly divergent at all temperatures, i.e.,  $D_{\text{th}} > 0$ ,  $\kappa_{\text{reg}} = 0$ . The thermal Drude weight has been calculated exactly [28,29]. For spin transport, the following picture emerges: while there is a regular contribution  $\sigma_{\text{reg}} > 0$  for all  $|\Delta| > 0$  [30], the Drude weight  $D_s$  is nonzero for  $|\Delta| < 1$  but vanishes for  $|\Delta| > 1$ . Initially, these results were largely based on numerical simulations [31–37] as well as analytical approaches that use the Bethe ansatz [38–40]. Recently, a rigorous proof of finite-spin Drude weights for  $|\Delta| < 1$  has been obtained [41,42] by relating  $D_s > 0$  to the existence of a novel family of quasilocal conservation laws via the Mazur inequality [27]. For the experimentally most relevant case of the spin- $\frac{1}{2}$  Heisenberg chain ( $\Delta = 1$ ), it is still debated whether a ballistic contribution exists at finite temperatures (see Refs. [35,37,43,44] for recent work). The same questions of diffusive versus ballistic transport can be addressed in nonequilibrium setups [45–48] or for open quantum systems [49–52]. A recent quantum-gas experiment, in which a ferromagnetic Heisenberg chain was realized with a two-component Bose gas, studied the decay of a spin spiral, and the results were interpreted in terms of diffusion [53]. Other nonequilibrium experiments with quantum gases have investigated the mass transport of interacting fermions [54] and bosons [55] in optical lattices.

Another very interesting question pertains to the functional form of the regular part  $\sigma_{\text{reg}}(\omega)$ . A field-theoretical study [56,57], which incorporates the leading irrelevant umklapp term, suggests that  $\sigma_{\text{reg}}(\omega)$  has a simple diffusive form at low temperatures  $T \ll J$ . This is consistent with early results [58] for the generic behavior of a Luttinger liquid in the presence of umklapp scattering as well as with quantum Monte Carlo simulations for  $\Delta = 1$  [59]. At higher temperatures, a suppression of weight at low frequencies according to  $\sigma_{\text{reg}}(\omega) \propto \omega^2$  has been suggested [60]. Most studies of  $|\Delta| > 1$

are interpreted in terms of diffusive spin dynamics, i.e., finite dc conductivities [48–50,61–63]; however, indications of an anomalous low-frequency response were reported in Ref. [64]. The theory by Sachdev and Damle provides a semiclassical interpretation for the emergence of diffusive dynamics in gapped spin models and predictions for the low-temperature dependence of the diffusion constant [65–67].

Many transport experiments on quantum magnets probe materials which are described by quasi-one-dimensional models more complicated than the integrable  $XXZ$  chain. Most notably, very large thermal conductivities due to spin excitations have been observed in spin-ladder compounds [17,68,69], which more recently have also been investigated by using real-time techniques [70–72]. Most theoretical studies of nonintegrable models suggest the absence of ballistic contributions [31,33,73–77] (possible exceptions have been proposed in Refs. [51,78,79]). Numerical results for the expansion of local spin and energy excitations in real space are consistent with diffusive dynamics [45,48]. A qualitatively similar picture has emerged from studies of transport in open quantum systems [49,80]. Despite the relevance for experiments, however, transport properties of generic nonintegrable systems are still not fully understood quantitatively. Two important and largely open problems in the realm of spin ladders are (a) the question of whether they exhibit standard diffusive dynamics or a more complicated low-frequency behavior, and (b) a quantitative calculation of their dc spin and thermal conductivities. It turns out that a Drude-like  $\sigma_{\text{reg}}(\omega)$  rarely exists in quasi-one-dimensional spin Hamiltonians with short-range interactions (see, e.g., Refs. [75,81]). A notable example in which standard diffusion is realized in the high-temperature regime is the  $XX$  spin ladder [82], which is equivalent to hard-core bosons and thus relevant for recent experiments on mass transport of strongly interacting bosons in optical lattices in one and two dimensions [55,83].

The main goal of our work is to compute the frequency dependence of the spin and thermal conductivity of spin ladders as well as of the spin- $\frac{1}{2}$   $XXZ$  chain. We use a finite-temperature, real-time version of the density matrix renormalization group method (DMRG) [36,84–86] based on the purification trick [87]. This method allows one to calculate both thermodynamics [88] but also the time dependence of current autocorrelation functions. We calculate the conductivities from Kubo formulas. For the accessible timescales, our results are free of finite-size effects [37] and thus effectively describe systems in the thermodynamic limit. Exploiting several recent methodological advances and using an optimized and parallelized implementation allows us to access larger timescales than in earlier applications of the method [36,37,48]. Our data agree well with exact diagonalization approaches [75] for the thermal conductivity of spin ladders and the spin transport in  $XX$  ladders [82]. The latter results have been obtained from a pure state propagation method based on the dynamical typicality approach, which has recently been applied to the calculation of transport coefficients [43,82,89].

Our key results are as follows: For the spin- $\frac{1}{2}$   $XXZ$  chain with  $0 < \Delta < 1$ , we provide evidence that  $\sigma_{\text{reg}}(\omega)$  remains finite in the dc limit, but its low-frequency behavior is not of a simple Lorentzian form. For  $\Delta = 0.5$ , we observe a sup-

pression of weight for  $\omega \ll J$  in the high-temperature regime. In the case of spin ladders,  $\sigma_{\text{reg}}(\omega)$  also generically exhibits a complicated low-frequency dependence, and a simple Drude-like form is recovered only in the  $XX$  case  $\Delta = 0$  in agreement with the results of Ref. [82]. We extract the dc spin conductivity for temperatures  $T \geq 0.5J$  and discuss how it depends on the exchange anisotropy  $\Delta$ . We translate the high- $T$  spin and thermal conductivities of the Heisenberg ladder into mean-free paths by fitting to a simple phenomenological expression often used in the interpretation of experimental data [69]. It turns out that the values of the mean-free paths depend on which type of transport is considered.

The structure of this exposition is as follows: We introduce the model and definitions in Sec. II. Section III provides details on our numerical method. Our results are summarized in Sec. IV, where we discuss the real-time dependence of current correlations and the methods to convert them into frequency-dependent conductivities, which we then study for spin chains and ladders. Our conclusions are presented in Sec. V.

## II. MODEL AND DEFINITIONS

The prime interest of this work is in two-leg spin ladders governed by the Hamiltonian  $H = \sum_{n=1}^{L-1} h_n$  and local terms

$$h_n = J \sum_{\lambda=1,2} [S_{n,\lambda}^x S_{n+1,\lambda}^x + S_{n,\lambda}^y S_{n+1,\lambda}^y + \Delta S_{n,\lambda}^z S_{n+1,\lambda}^z] + \frac{J_{\perp}}{2} \sum_{m=n,n+1} [S_{m,1}^x S_{m,2}^x + S_{m,1}^y S_{m,2}^y + \Delta S_{m,1}^z S_{m,2}^z], \quad (3)$$

where  $S_{n,\lambda}^{x,y,z}$  are spin- $\frac{1}{2}$  operators acting on the rung  $\lambda = 1, 2$ . The model is nonintegrable and gapped for all  $J_{\perp} > 0$ . At  $J_{\perp} = 0$ , one recovers two identical, decoupled  $XXZ$  chains, which (at zero magnetization) are gapless for  $|\Delta| \leq 1$  and gapped otherwise [1].

Both the Drude weights and the regular parts of the spin (s) and thermal (th) conductivities defined in Eq. (2) can be obtained from the corresponding current correlation functions  $C_s(t)$  and  $C_{\text{th}}(t)$ . Their long-term asymptote is related to  $D_s$  and  $D_{\text{th}}$ , respectively, via

$$D_{s,\text{th}} = \lim_{t \rightarrow \infty} \lim_{L \rightarrow \infty} \frac{C_{s,\text{th}}(t)}{2T^{\alpha_{s,\text{th}}}}, \quad C_{s,\text{th}}(t) = \frac{\text{Re} \langle I_{s,\text{th}}(t) I_{s,\text{th}} \rangle}{L}, \quad (4)$$

where  $\alpha_s = 1$  and  $\alpha_{\text{th}} = 2$ . The regular part of the conductivity is determined by

$$\text{Re} \left\{ \begin{array}{l} \sigma_{\text{reg}}(\omega) \\ \kappa_{\text{reg}}(\omega) \end{array} \right\} = \frac{1 - e^{-\omega/T}}{\omega T^{\alpha_{s,\text{th}}-1}} \text{Re} \int_0^{\infty} dt e^{i\omega t} \times \lim_{L \rightarrow \infty} [C_{s,\text{th}}(t) - 2T^{\alpha_{s,\text{th}}} D_{s,\text{th}}]. \quad (5)$$

Only finite times can be reached in the DMRG calculation of  $C_{s,\text{th}}(t)$ , which leads to a “finite-time” error of  $\sigma_{\text{reg}}(\omega)$  that can be assessed following Ref. [63]. We will elaborate on this below.

The current operators  $I_s = \sum_n j_{s,n}$  and  $I_{\text{th}} = \sum_n j_{\text{th},n}$  are defined via the respective continuity equations [27]. The local spin-current operators of the  $XXZ$  chain take the

well-known form  $j_{s,n} = iJ S_{n,\lambda}^x S_{n+1,\lambda}^y + \text{H.c.}$  For the spin ladder, one finds

$$j_{s,n} = iJ \sum_{\lambda} (S_{n,\lambda}^x S_{n+1,\lambda}^y - S_{n,\lambda}^y S_{n+1,\lambda}^x), \quad (6)$$

$$j_{\text{th},n} = i[h_n, h_{n+1}]. \quad (7)$$

Note that our definition for the local energy density  $h_n$  preserves all spatial symmetries of the ladder, and our energy-current operator  $I_{\text{th}}$  is the same as the one used in Ref. [75]. The full expression for  $I_{\text{th}}$  is lengthy and not given here.

### III. NUMERICAL METHOD

We compute the spin- and energy-current correlation function

$$\langle I_{s,\text{th}}(t) I_{s,\text{th}} \rangle \sim \text{Tr}[e^{-H/T} e^{iHt} I_{s,\text{th}} e^{-iHt} I_{s,\text{th}}] \quad (8)$$

by using the time-dependent [90–94] density matrix renormalization group [5,6] in a matrix-product state [95–99] implementation. Finite temperatures [84,87,100–103] are incorporated via purification of the thermal density matrix. Purification is a concept from quantum information theory in which the physical system is embedded into an environment. The wave-function of the full system is then a pure state and the mixed state describing the system is obtained by tracing out the degrees of freedom of the environment. When using this approach in DMRG, one typically simply chooses a copy of the system degrees of freedom to be the environment. Details of purification-based finite- $T$  DMRG methods can be found in Refs. [48,84,87,88,99]. Our actual implementation follows Ref. [48].

The real- and imaginary-time evolution operators in Eq. (8) are factorized by a fourth-order Trotter–Suzuki decomposition with a step size of  $dt = 0.05, \dots, 0.2$ . We keep the discarded weight during each individual “bond update” below a threshold value  $\epsilon$ . This leads to an exponential increase of the bond dimension  $\chi$  during the real-time evolution. In order to access timescales as large as possible, we employ the finite-temperature disentangler introduced in Ref. [36], which uses the fact that purification is not unique to slow down the growth of  $\chi$ . Moreover, we “exploit time translation invariance” [84], rewrite  $\langle I_s(t) I_s(0) \rangle = \langle I_s(t/2) I_s(-t/2) \rangle$  and  $\langle I_{\text{th}}(t) I_{\text{th}}(0) \rangle = \langle I_{\text{th}}(t/2) I_{\text{th}}(-t/2) \rangle$ , and carry out two independent calculations for  $I_s(t/2)$  and  $I_{\text{th}}(t/2)$  as well as  $I_s(-t/2)$  and  $I_{\text{th}}(-t/2)$ . Our calculations are performed using a system size of  $L = 100$  for spin ladders and  $L = 200$  for the  $XXZ$  chain, respectively. By comparing with other values of  $L$  we have ensured that  $L$  is large enough for the results to be effectively in the thermodynamic limit [37].

## IV. RESULTS

### A. Current autocorrelation functions

Figure 1 shows typical results for the decay of spin-current autocorrelations of the  $XXZ$  chain as a function of time. Some of these data have previously been shown in Refs. [37,48,63] and are here included for comparison. For  $\Delta < 1$ , we clearly observe the saturation of  $C_s(t)$  at a nonzero value at long times that, at  $T = \infty$ , agrees well with an improved lower

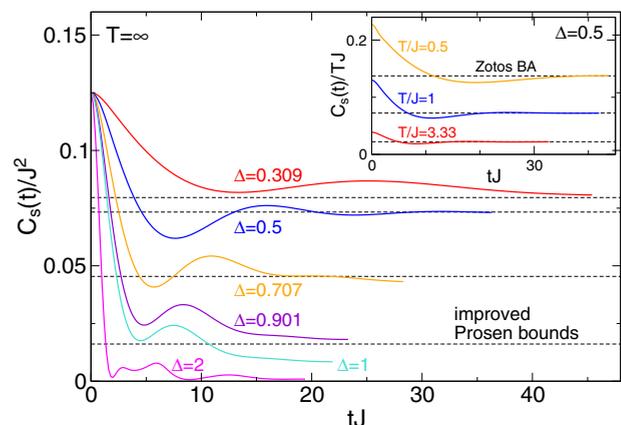


FIG. 1. (Color online) Real-time spin current correlation functions of the  $XXZ$  chain [see Eq. (1)] at infinite temperature  $T = \infty$  (main panel) and fixed exchange anisotropy  $\Delta = 0.5$  (inset). The model is integrable, and the spin Drude weight  $D_s$  is finite for  $|\Delta| < 1$  [35,37,41,42]. The horizontal lines show the lower bounds for  $D_s$ , established in Ref. [42] as well as the Bethe-ansatz (BA) result from Ref. [38].

bound [42] for  $\lim_{T \rightarrow \infty} T D_s(T)$  and Zotos’ Bethe-ansatz calculation [38]. At  $\Delta = 0.5$ , the values for  $D_s$  obtained in Ref. [38] coincide with our tDMRG data also for the finite temperatures  $T < \infty$  considered here (see the inset to Fig. 1; compare Ref. [37]). In the case of  $\Delta > 1$ , the current correlators appear to decay to zero, consistent with predictions of a vanishing finite-temperature Drude weight in this regime [31,33,39,48]. At the isotropic point  $\Delta = 1$ ,  $C_s(t)$  does not saturate to a constant on the timescale reached in the simulations [37], and no conclusion on the presence or absence of a ballistic contribution is possible.

We next turn to the case of spin ladders. Exemplary DMRG data for  $C_s$  and  $C_{\text{th}}$  at three different temperatures  $T \in \{\infty, J, 0.5J\}$  are shown in Fig. 2. The thermal current autocorrelation function is strictly time independent in the chain limit  $J_{\perp} = 0$  [27] (data not shown in the figure) but decays to zero for any  $J_{\perp} > 0$ , which is consistent with earlier studies that suggested the absence of ballistic contributions in spin-ladder systems [33,75]. For the isotropic ladder  $J_{\perp}/J = 1$  with  $\Delta = 1$  at high temperatures, this decay takes place on a fairly short timescale  $tJ \lesssim 8$  [see Fig. 2(a)]. In Figs. 2(b) and 2(c), we compare the behavior of  $C_s(t)$  on chains with isotropic ladders ( $J_{\perp} = J$ ) for two different exchange anisotropies  $\Delta = 0.5$  and  $\Delta = 1$ . In both cases,  $C_s(t)$  decays much faster if  $J_{\perp} > 0$ , and our data suggest the absence of ballistic contributions to spin transport, in agreement with Refs. [33,82]. Moreover, oscillations in  $C_s(t)$  emerge in the case of ladders. They become very pronounced at lower temperatures and are related to the existence of a spin gap for  $J_{\perp} > 0$ .

### B. Extraction of conductivities

We compute the spin and heat conductivities from the corresponding real-time current correlation functions via Eq. (5). However, only finite times  $t < t_{\text{max}}$  can be reached in the DMRG calculations of  $C_s(t)$  and  $C_{\text{th}}(t)$ , which gives

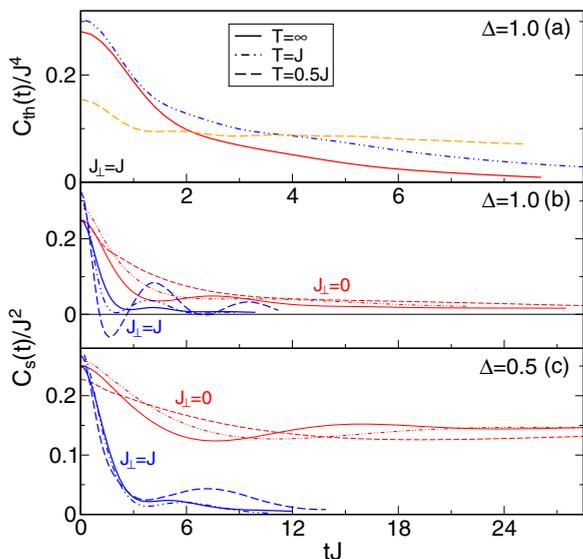


FIG. 2. (Color online) Current autocorrelation functions of two-leg spin ladders governed by the Hamiltonian of Eq. (3).  $\Delta$  and  $J_{\perp}$  denote the exchange anisotropy and the rung coupling, respectively. (a) Energy current autocorrelation function of isotropic ladders  $J_{\perp}/J = 1, \Delta = 1$  for various  $T$ . (b), (c) Spin-current autocorrelation functions at  $\Delta = 1$  and  $\Delta = 0.5$ , respectively. For  $J_{\perp} = 0$ , one recovers two identical, decoupled  $XXZ$  chains.

rise to a “finite-time error” in  $\sigma_{\text{reg}}(\omega)$  and  $\kappa_{\text{reg}}(\omega)$ . We assess this error as follows:

Our data suggest (in agreement with the results of Refs. [33,75,82]) that, for any  $J_{\perp} > 0$ , the spin and thermal Drude weights vanish; the current correlators decay to zero for  $t \rightarrow \infty$ . We first compute the frequency integral in Eq. (5) by using only the finite-time data. Thereafter, we extrapolate  $C_s(t)$  and  $C_{\text{th}}(t)$  to  $t = \infty$  by using linear prediction [101] and recompute the frequency integral. Linear prediction attempts to obtain data for correlation functions of interest at times  $t > t_{\text{max}}$  as a linear combination of the available data for a discrete set of times points  $t_n < t_{\text{max}}$  (see Ref. [101] for details). We perform the linear prediction for a variety of different fitting parameters (such as the fitting interval) and then define the error bar as twice the largest deviation to the conductivity computed without any extrapolation at all.

For the  $XXZ$  chain with  $|\Delta| > 1$ , the Drude weight also vanishes, and the finite-time error of  $\sigma_{\text{reg}}(\omega)$  can be assessed in a manner analogous to that for ladders. The same holds at  $|\Delta| < 1$  and  $T = \infty$  where a lower bound for  $D_s$  is known analytically from Prosen’s work (see the discussion in Sec. IV A). For the values of  $\Delta$  considered here, this bound agrees with the Drude weight computed by using other methods [35,37,38]; hence, we assume that it is exhaustive, which allows us to subtract  $D_s$  in Eq. (2).

At  $|\Delta| < 1$  and  $T < \infty$ , the Drude weight needs to be extracted from the numerical data [36,37], which is an additional source of error, or it has to be taken from other methods such as the Bethe-ansatz calculation of Ref. [38]. We estimate the corresponding uncertainty of the conductivity as follows: For  $\Delta = 0.5$  and  $T = \infty$ ,  $C_s(t)$  oscillates around the value for  $TD_s$  known from the improved lower bound from [42]

(see Fig. 1); for finite temperatures  $T \in \{3.3J, J, J/2\}$ ,  $C_s(t)$  oscillates around the Bethe-ansatz result  $D_s^{\text{BA}}$  of Ref. [38]. An upper bound  $D_s^u$  as well as a lower bound  $D_s^l$  can be determined from the magnitude of the oscillations. For each  $D_s^{\text{BA}}$ ,  $D_s^u$ , and  $D_s^l$ , we carry out the procedure used at  $T = \infty$  and define the uncertainty in  $\sigma_{\text{reg}}(\omega)$  as either twice the difference between the curves computed with and without extrapolation or twice the maximum difference between the curves at the different  $D_s^{\text{BA}}$ ,  $D_s^u$ , and  $D_s^l$ , whatever is larger.

For other exchange anisotropies, the accessible timescales are either too short to fully resolve the oscillations around  $D_s$ , or  $C_s(t)$  decays monotonically for large times. The latter seems to be true, in particular, close to the isotropic point  $\Delta = 1$ . For  $\Delta = 0.901$  (see Fig. 1) and at  $T = \infty$ , the value of  $C_s(t)$  at the largest time reached is approximately 10% larger than the improved bound from Ref. [42]. For finite but not too small  $T/J$ , we assume that  $C_s(t)/(2T) = rD_s$  at the maximal time reached, where we typically choose  $r \sim 1.2$ . Given this estimate for  $D_s$ , we assess the error in a manner analogous to that for the infinite-temperature case. Note that the larger  $r$ , the larger the error bars. We stress that this way of estimating the error is less controlled than in those cases for which the value of the Drude weight is known.

Exemplary error bars are shown in Figs. 3–6. The data for  $\sigma_{\text{reg}}(\omega)$  displayed in the figures are the ones obtained by using linear prediction; the conductivities for the  $XXZ$  chain at  $\Delta = 0.5$  and  $T < \infty$  shown in Fig. 3(c) were calculated by using the Bethe-ansatz value of Ref. [38] for the Drude weight. Note that the numerical error of the bare DMRG data for  $C_s(t)$  and  $C_{\text{th}}(t)$  is negligible compared to the finite-time error.

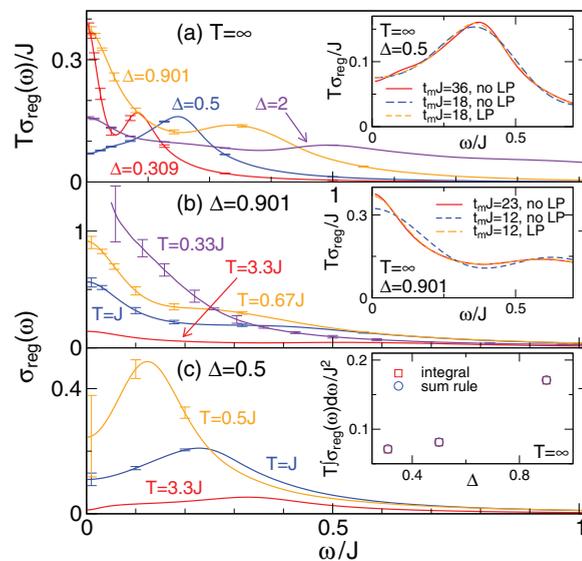


FIG. 3. (Color online) Regular part of the spin conductivity of the  $XXZ$  chain at (a) infinite temperature and various values of  $\Delta$ , and (b), (c) at a fixed value of  $\Delta < 1$  and various  $T$ . The finite-time error can be estimated following the procedure outlined in Sec. IV B. The insets to panels (a) and (b) show the conductivity obtained from the finite-time data  $t < t_m$  without extrapolation (“no LP”) as well as from using linear prediction to extrapolate to  $t \rightarrow \infty$  (“LP”). The inset to panel (c) illustrates that the optical sum rule (9) is fulfilled accurately.

The finite-time data used for the above procedure are the DMRG data up to the maximum time  $t_{\max}$  reached in the simulation. In the case of the  $XXZ$  chain, this time is fairly large compared to  $1/J$ , and it is thus instructive to recalculate  $\sigma_{\text{reg}}(\omega)$  using only the data for half of the maximum time (both with and without extrapolation). Results are shown in the insets to Fig. 3; they illustrate that linear prediction provides a fairly reliable way to estimate the error.

As an additional test for the accuracy of the conductivities, one can verify the optical sum rule. In the spin case it reads

$$\int_0^\infty d\omega \text{Re} \sigma(\omega) = \frac{\pi \langle -\hat{T} \rangle}{2L}, \quad (9)$$

where  $\hat{T}$  is the kinetic energy, i.e., all terms in Eq. (3) computed at  $\Delta = 0$ . We show exemplary data for the validity of the sum rule in the insets of Figs. 3(c) and 5(b), which illustrate that Eq. (9) holds with great accuracy.

### C. Spin conductivity of spin- $\frac{1}{2}$ $XXZ$ chain

Figure 3 gives an overview over the behavior of  $\sigma_{\text{reg}}(\omega)$  for the spin- $\frac{1}{2}$   $XXZ$  chain for various values of the exchange anisotropy  $\Delta$  (results for  $\Delta > 1$  have previously been shown in Ref. [63]). At infinite temperature [see Fig. 3(a)] and for all  $\Delta > 0$  considered, we find a finite dc conductivity  $\sigma_{\text{dc}} = \lim_{\omega \rightarrow 0} \sigma_{\text{reg}}(\omega)$  within the error bars of our extrapolation method. This is at odds with the predictions of Ref. [60], where  $\sigma_{\text{reg}}(\omega) \propto \omega^2$  was suggested in the low-frequency limit. For the special value of  $\Delta = 0.5$ , however, there clearly is a suppression of weight around  $\omega = 0$  accompanied by a pronounced maximum at  $\omega \approx 0.25J$ . For other values of  $\Delta < 1$ ,  $\sigma_{\text{reg}}(\omega)$  seems to exhibit a global maximum at  $\omega = 0$  as well as additional lower maxima at higher frequencies that shift to larger values of  $\omega$  as  $\Delta$  increases. The spin conductivity at  $\Delta = 2$  has also been analyzed in Ref. [64], and large, anomalous,  $L$ -dependent fluctuations in  $\text{Re}\sigma(\omega)$  have been observed at low frequencies. Those are not present in our data.

Returning to the regime of  $\Delta < 1$ , we cannot rule out that the disagreement between our result for the low-frequency behavior of the conductivity and the prediction of Ref. [60] is attributed to finite-time effects. However, there is no obvious indication for this in our data: At  $T = \infty$ , the Drude weight is known from [42], and  $\lim_{T \rightarrow \infty} [T\sigma_{\text{dc}}]$  is simply given by the integral of  $C_s(t)$  with  $2TD_s$  subtracted. The real-time data are shown in Fig. 1; the errors due to the finite system size and the finite discarded weight are negligible. As illustrated in the insets to Figs. 3(a) and 3(b), our extrapolation scheme using linear prediction provides a stable and meaningful way to establish finite-time error bars. As an additional test, it is instructive to assume that the improved lower bound—which at  $T = \infty$  and for the exchange anisotropies considered here coincides with the Bethe-ansatz result of Ref. [38]—is not fully saturated. At  $\Delta = 0.5$ , an upper bound  $D_s^u$  to the Drude weight can be estimated from the magnitude of the oscillations of  $C_s(t)$ . Using  $D_s^u$  instead of the lower bound from Ref. [42] decreases  $\sigma_{\text{dc}}$  by 15% but does not yield  $\sigma_{\text{dc}} = 0$ .

To summarize, a vanishing dc conductivity suggested by Ref. [60] could only be caused by oscillations at large times around the asymptote  $2TD_s$ , which would need to cancel out the large positive contribution from times  $tJ \lesssim 40$ . Put

differently, if  $\sigma_{\text{reg}}(\omega) \sim \omega^2$  holds, it only holds for very small frequencies  $\omega \ll J$ . This is further corroborated by the fact that the optical sum rule of Eq. (9) is fulfilled accurately [see the inset to Fig. 3(c)].

Even though  $\sigma_{\text{dc}} > 0$  is supported by our tDMRG calculation in combination with the results for  $D_s(T)$  from Refs. [38,42], the emergence of very narrow peaks in the data for  $\Delta = 0.309, 0.901$  at low frequencies should be taken with some caution. For these parameters, the timescale  $tJ \lesssim t_{\max} = 40/J$  reached in the simulation is too short to resolve potential oscillations around the long-time asymptote. A very conservative estimate of the accessible frequencies is  $\omega_{\min} = 2\pi/t_{\max} \sim 0.15J$ . It is possible that redistributions of weight below  $\omega_{\min}$  would occur if longer times were available.

The temperature dependence of  $\sigma_{\text{reg}}(\omega)$  is shown in Figs. 3(b) and 3(c) for two different exchange anisotropies. At  $\Delta = 0.901$ , the global maximum is always at  $\omega = 0$ ,  $\sigma_{\text{dc}}$  increases with decreasing temperature, and the  $\omega$  dependence seems to become smoother the smaller  $T$  is. For  $\Delta = 0.5$ , the suppression of weight at low frequencies survives down to temperatures of  $T \gtrsim 0.5J$  (at  $T = 0.5J$ , the error bars become too large to draw any conclusions).

To guide our ensuing discussion of ladders, we summarize the  $\Delta$  dependence of  $\sigma(\omega)$  in the chain limit  $J_\perp = 0$ . At  $\Delta = 0$ ,  $\text{Re} \sigma(\omega) = 2\pi D_s(T)\delta(\omega)$ , and the perturbation  $J_\perp > 0$  thus breaks both the integrability of the model and the conservation of the spin current. For  $\Delta > 0$ , the spin current is no longer conserved even for  $J_\perp = 0$ , which gives rise to a nonzero regular contribution  $\sigma_{\text{reg}}(\omega)$  to the conductivity. According to recent studies [35,37,41,42], the Drude weight is finite for any  $0 \leq |\Delta| < 1$ , but no final conclusion on  $D_s(T)$  at  $\Delta = 1$  has been reached yet. At  $T = \infty$ , the relative contribution of  $\sigma_{\text{reg}}(\omega)$  to the total spectral weight increases monotonically from zero at  $\Delta = 0$  to a value of the order of 90% close to  $\Delta = 1$  [37]. For  $\Delta > 1$ , the commonly accepted picture is that  $D_s(T > 0) = 0$ ; hence, all weight is concentrated in the regular part. Based on these qualitative differences of  $\sigma(\omega)$  that depend on  $\Delta$  and the interplay of the ballistic contribution with finite-frequency weight at small  $\omega$ , we expect significant changes in the spin conductivity of ladders as a function of  $\Delta$ .

### D. Spin conductivity of ladders

We now turn to the spin conductivity  $\sigma(\omega)$  of two-leg ladders and contrast our results with the limiting case of isolated chains ( $J_\perp = 0$ ), where the behavior of  $\sigma(\omega)$  crucially depends on  $\Delta$ . We first discuss the infinite-temperature case; data for  $J_\perp = J$  are presented in Fig. 4(a). At  $\Delta = 0$ ,  $\sigma_{\text{reg}}(\omega)$  has a simple Lorentzian shape [see the inset to Fig. 4(a)]:

$$\text{Re} \sigma(\omega) = \frac{\pi \sigma_{\text{dc}}/\tau^2}{\omega^2 + (1/\tau)^2}. \quad (10)$$

This follows directly from the results of Ref. [82], where the spin-autocorrelation function of the  $XX$  two-leg ladder was studied numerically and analytically as a function of  $J_\perp/J$ . It turned out that  $C_s(t)$  decays exponentially at small values of  $J_\perp \lesssim J$  and with a Gaussian for larger values of  $J_\perp$ . The results of Ref. [82] in conjunction with our data altogether identify the  $XX$  spin- $\frac{1}{2}$  ladder as a textbook realization of a diffusive conductor with a *single* relaxation time  $\tau \propto (J/J_\perp)^2$ .

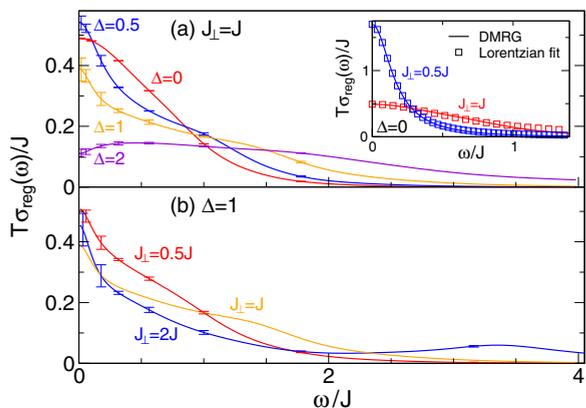


FIG. 4. (Color online) Spin conductivity of two-leg ladders at infinite temperature  $T = \infty$  for (a) fixed rung coupling  $J_{\perp} = J$  and (b) fixed anisotropy  $\Delta = 1$ . At  $\Delta = 0$  and  $J_{\perp} \lesssim J$ ,  $\sigma_{\text{reg}}(\omega)$  is of the simple Lorentzian form (see inset).

Systems with  $\Delta = 0$  are rarely found in real materials, but the  $XX$  model on a ladder can easily be realized with hard-core bosons in optical lattices (see, e.g., Ref. [55] and the discussion in Refs. [82,83]).

For the special case of  $\Delta = 1$ , we show exemplary data for  $J_{\perp} \neq J$  in Fig. 4(b). Even at  $T = \infty$ , the conductivity does not have a simple functional form but features side maxima at finite frequencies that shift to larger  $\omega$  as  $J_{\perp}/J$  increases.

In Figs. 5(a)–5(c), we illustrate how  $\sigma_{\text{reg}}(\omega)$  of isotropic ladders  $J_{\perp} = J$  evolves as the temperature decreases from  $T = \infty$  down to  $T = 0.29J$ . It turns out that it is easier to reach low temperatures for larger values of  $\Delta$ . In the case of  $\Delta = 0$

[see Fig. 5(a)], we observe a Drude-like conductivity down to temperatures of  $T \sim 3J$ . At lower temperatures, however,  $\text{Re } \sigma(\omega)$  deviates from a simple Lorentzian (see Ref. [89] for similar observations for a chain with a staggered field). This is a consequence of the existence of a spin gap  $\Delta_{\text{spin}}$  in the two-leg ladder which at low temperatures manifests itself by a suppression of weight below the optical  $2\Delta_{\text{spin}}$  (see, e.g., the case of dimerized chains studied in Ref. [104]) and a sharp increase of  $\sigma_{\text{reg}}(\omega)$  at  $\omega \sim 2\Delta_{\text{spin}}$ . As a consequence, the dc conductivity is expected to diverge with  $T^{-\alpha}$ ,  $\alpha > 0$  as  $T$  is lowered [63,65–67]. Next, we investigate how the Drude-like conductivity observed for  $\Delta = 0$  evolves as  $\Delta$  increases. We find that (i) the current autocorrelations at  $\Delta = 0.5$  and  $\Delta = 1$  do not follow a simple exponential or Gaussian decay even at infinite temperature, and hence (ii) the low-frequency conductivity is not well described by a simple Lorentzian. Pragmatically, we associate the (zero-frequency) current relaxation time  $\tau$  with the inverse of the half-width half maximum of the zero-frequency peak in  $\text{Re } \sigma(\omega)$  for  $\Delta \gg 0$ .

The presence of these two scales, the optical gap  $2\Delta_{\text{spin}}$ , and the inverse high-temperature relaxation time  $1/\tau$ , which controls the low-frequency behavior, is more visible in the data for  $\Delta = 0.5$  and  $\Delta = 1$  [shown in Figs. 5(b) and 5(c)] even at the highest temperatures  $T = 3.3J$ . Clearly, there are two maxima in  $\text{Re } \sigma(\omega)$ , one at  $\omega = 0$  and one at  $\omega \gtrsim 2\Delta_{\text{spin}}$  [in fact, at very low  $T$ ,  $\text{Re } \sigma(\omega)$  has an edge at the optical gap]. The reason is the dependence of the optical gap on the exchange anisotropy  $\Delta$ . The spin gap in a two-leg ladder as a function of  $\Delta$  is, in the limit of  $J = 0$ , given by

$$\Delta_{\text{spin}} = \frac{J_{\perp}}{2}(1 + \Delta). \quad (11)$$

This monotonic dependence of  $\Delta_{\text{spin}}$  on  $\Delta$  survives at finite values of  $J_{\perp} \sim J$ . This is shown in the inset of Fig. 5(c), which has been obtained from  $\Delta_{\text{spin}} = E_0(S^z = 1) - E_0(S^z = 0)$  by using standard DMRG [5,6], where  $E_0(S^z)$  is the ground state in the subspace with total magnetization  $S^z$  for  $L = 128$ .

Our data are compatible with a leading temperature dependence of the form  $\sigma_{\text{dc}}(T) \propto 1/T$ . Moreover,  $\sigma_{\text{dc}}$  is a monotonically decreasing function of  $\Delta$  in the high-temperature regime. The latter can be understood by the nature of the single-particle spin-1 excitations of the two-leg ladder that originate from the local triplet excitations of the  $J/J_{\perp} \rightarrow 0$  limit. Finite values of  $J$  render these triplets dispersive and give rise to interactions between the quasiparticles. A nonzero value of  $\Delta$  introduces additional scattering terms, and it is thus intuitive to expect smaller quasiparticle lifetimes and hence also smaller dc conductivities.

### E. Thermal conductivity of Heisenberg ladders

For experiments with quantum magnets, the thermal conductivity is the most easily accessible transport coefficient, which has been investigated in a large number of experiments on ladders [68,69], chains [105–108], and two-dimensional antiferromagnets [109,110] (see Refs. [16,17] for a review). These experiments have clearly established that magnetic excitations can dominantly contribute to the thermal conductivity of these insulating materials at elevated temperatures, exceeding the phononic contribution (see, e.g.,

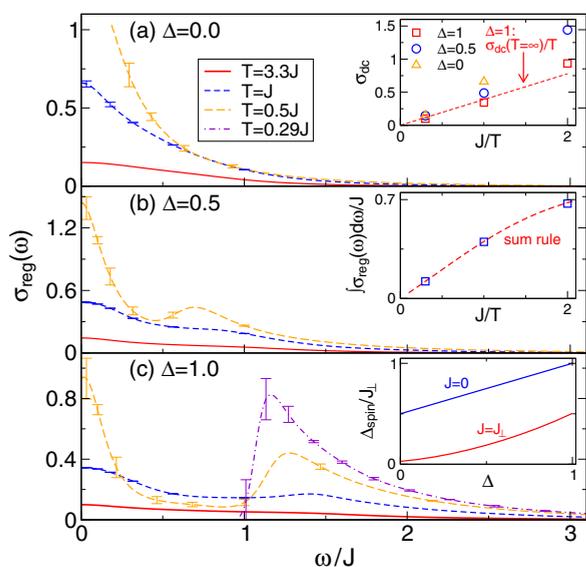


FIG. 5. (Color online) Spin conductivity of two-leg ladders with fixed  $J_{\perp} = J$  but various  $T$  and anisotropies ranging from  $\Delta = 0$  ( $XX$  ladder) to  $\Delta = 1$  (isotropic ladder). Note that the curve at  $\Delta = 1$ ,  $T = 0.29J$  (at  $\Delta = 0$ ,  $T = 0.5J$ ) is plotted only for frequencies  $\omega \geq J$  ( $\omega \geq 0.2J$ ). The insets show the dc conductivity, the optical sum rule, and the  $\Delta$  dependence of the spin gap  $\Delta_{\text{spin}}$  (calculated for  $L = 128$  at  $J > 0$ ), respectively.

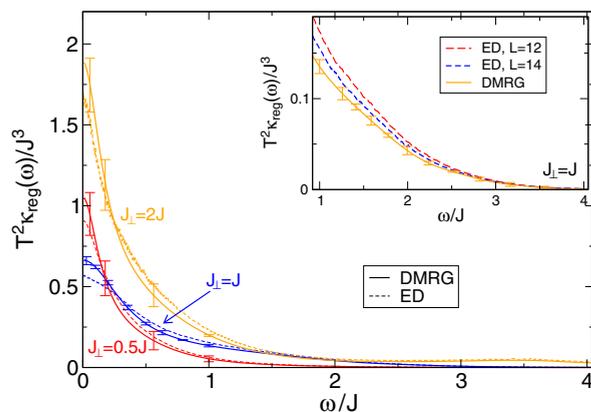


FIG. 6. (Color online) Thermal conductivity of two-leg ladders at fixed  $\Delta = 1$  and  $T = \infty$  but various  $J_{\perp}$ . We compare our data with the exact-diagonalization (ED) result of Ref. [75].

Ref. [108]). The contribution of magnetic excitations to the full thermal conductivity in these low-dimensional systems manifests itself via a prominent anisotropy of the thermal conductivity measured along different crystal axes [16,17]. Open and timely questions include a comprehensive and quantitative theoretical explanation for the magnitude of the thermal conductivity, a theory of relevant scattering channels beyond pure spin systems (see, e.g., Refs. [20–26]), a full understanding of the spin-phonon coupling including spin-drag effects [23–25], and the understanding of a series of experiments studying the effect of doping with nonmagnetic or magnetic impurities and disorder onto the thermal conductivity (see, e.g., Refs. [111,112]). Here we solely focus on pure spin Hamiltonians. Given that most of the materials realize spin Hamiltonians that are more complicated than just spin chains with nearest-neighbor interactions only, one needs to resort to numerical methods to get a quantitative picture.

The real-time energy current autocorrelations for the Heisenberg ladder ( $\Delta = 1$ ) are shown in Fig. 2(a). At  $T = \infty$ ,  $C_{\text{th}}(t)$  decays fast, and  $\kappa(\omega)$  can be obtained down to sufficiently low frequencies. For lower temperatures, however, the accessible timescales are at present too short to reach the dc limit in a reliable way. We therefore focus on  $T = \infty$ .

Our results for the thermal conductivity are shown in Fig. 6 for  $J_{\perp}/J = 0.5, 1, 2$ . They are in reasonable agreement with the exact diagonalization data of Ref. [75] that were obtained by using a microcanonical Lanczos method for  $L = 14$  sites. Note that our data for  $\kappa_{\text{dc}}$  is typically larger than the exact diagonalization results. The behavior at low frequencies is anomalous—it does not follow a Drude-like Lorentzian shape (this was already pointed out in Ref. [75]). The actual form of the low-frequency dependence of  $\kappa_{\text{reg}}(\omega)$  (discussed in Ref. [75]) cannot be clarified by using the existing data. The knowledge of the infinite-temperature dc conductivity  $\kappa_{\text{dc}}^{\infty}$  still gives access to a wide temperature regime since the leading term is  $\kappa_{\text{dc}}(T) = \kappa_{\text{dc}}^{\infty}/T^2$ , and we can therefore address the question of mean-free paths.

#### F. Mean-free paths for Heisenberg spin ladder

In the analysis of experimental data for  $\kappa$ , one often uses a kinetic equation to extract magnetic mean-free paths [17,69].

An analogous equation can also be employed for  $\sigma$ , and we obtain the following set of kinetic equations:

$$\kappa = \frac{1}{L} \sum_k v_k \frac{d(\epsilon_k n_k)}{dT} l_{\kappa,k}, \quad (12)$$

$$\sigma = \frac{1}{L} \sum_k v_k \left( -\frac{dn_k}{d\epsilon_k} \right) l_{\sigma,k}, \quad (13)$$

where  $\epsilon_k$  is the dispersion of the threefold degenerate triplet excitations,  $v_k = \partial_k \epsilon_k$ , and  $n_k$  is a distribution function which accounts for the hard-core boson nature of the triplets [69]:

$$n_k = \frac{3}{\exp(\beta \epsilon_k) + 3}. \quad (14)$$

The actual form of the dispersion is not important since  $v_k$  drops out in one dimension when the integration over  $k$  is replaced by an integral over energy  $\epsilon$ . The mean-free paths  $l_{\kappa,k}$  and  $l_{\sigma,k}$  are taken to be independent of quasi-momentum,  $l_{\kappa(\sigma),k} = l_{\kappa(\sigma),\text{mag}}$ . In order to analyze the total thermal conductivity measured experimentally, one assumes  $\kappa_{\text{total}} = \kappa_{\text{ph}} + \kappa_{\text{mag}}$ , where  $\kappa_{\text{ph}}$  and  $\kappa_{\text{mag}}$  represent the phononic and magnetic contribution, respectively. Such a separation is an approximation and should be understood as an operational means to extract mean-free paths—in general, spin-drag effects can lead to additional contributions to  $\kappa_{\text{total}}$  [21,23,25].

In the high-temperature limit, one needs to keep only the leading terms in a  $1/T$  expansion of Eqs. (12) and (13). The mean-free paths can then be extracted from  $\kappa_{\text{dc}} = \kappa_{\text{dc}}^{\infty}/T^2$  and  $\sigma_{\text{dc}} = \sigma_{\text{dc}}^{\infty}/T$  via

$$\kappa_{\text{dc}}^{\infty} = \frac{1}{16\pi} (\epsilon_{\text{max}}^3 - \epsilon_{\text{min}}^3) l_{\kappa,\text{mag}}, \quad (15)$$

$$\sigma_{\text{dc}}^{\infty} = \frac{3}{4\pi} (\epsilon_{\text{max}} - \epsilon_{\text{min}}) l_{\sigma,\text{mag}}, \quad (16)$$

where  $\epsilon_{\text{max}}$  and  $\epsilon_{\text{min}}$  are the band maximum and band minimum of the single-triplet dispersion, respectively. For an isotropic ladder system such as the one realized in  $\text{La}_5\text{Ca}_9\text{Cu}_{24}\text{O}_{41}$  (the actual Hamiltonian is more complicated, see [9]),  $\epsilon_{\text{min}} = \Delta_{\text{spin}} \approx J/2$  and  $\epsilon_{\text{max}} \approx 2J$  are reasonable estimates [113] for  $J_{\perp} = J$ . We can thus approximate  $\epsilon_{\text{max}} - \epsilon_{\text{min}} = 3J/2$  and  $\epsilon_{\text{max}}^3 - \epsilon_{\text{min}}^3 \approx 8J^3$ , which then leads to

$$\kappa_{\text{dc}}^{\infty} = \frac{J^3}{2\pi} l_{\kappa,\text{mag}}, \quad (17)$$

$$\sigma_{\text{dc}}^{\infty} = \frac{9J}{8\pi} l_{\sigma,\text{mag}}. \quad (18)$$

For the isotropic ladder  $J_{\perp}/J = 1$ ,  $\Delta = 1$ , we have  $\kappa_{\text{dc}}^{\infty} \approx 0.66J^3$  and  $\sigma_{\text{dc}}^{\infty} \approx 0.39J^2$  and thus  $l_{\kappa,\text{mag}} \approx 4.2$  and  $l_{\sigma,\text{mag}} \approx 1.1$ . Hence,  $l_{\kappa,\text{mag}} > l_{\sigma,\text{mag}}$  such that the (averaged) mean-free paths differ from each other. In this framework the mean-free paths in the high-temperature regime are  $T$  independent, which seems reasonable since at large  $T \gg J, J_{\perp}$  (i.e.,  $T$  larger than the bandwidth of triplets) all states are populated equally. In other words, the qualitative difference with phonons, the most typical bosonic quasiparticle that contributes to the thermal conductivity in solids, is that the number of triplet excitations saturates at large  $T$  due to their hard-core nature, reflecting the

fact that the spin system has a spectrum that is bounded from above.

Our results demonstrate that the extraction of mean-free paths as commonly employed in the analysis of the experimental data, while providing very useful intuition, cannot easily be related to single-excitation mean-free paths, due to the different results obtained for  $\kappa$  and  $\sigma$  and the gap in the excitation spectrum (see also the discussion in Ref. [21]). We stress that the observation of different mean-free paths for different transport channels is not unusual. Even in metals (more generally, Fermi liquids) momentum and energy can relax differently via inelastically scattering processes [114]. Moreover, more dramatic deviations from the Wiedemann–Franz law are well known for non-Fermi liquids (see, e.g., Ref. [115]), in Luttinger liquids [116,117] and mesoscopic systems [118,119].

## V. SUMMARY

In this work, we studied the spin and thermal conductivity of spin chains and ladders using finite-temperature, real-time density matrix renormalization group techniques. We first computed the spin conductivity of the spin- $\frac{1}{2}$  XXZ chain as a function of the exchange anisotropy  $\Delta > 0$ . Our data suggest finite dc conductivities for all  $\Delta > 0$ , yet a suppression of weight at low frequencies for special values such as  $\Delta = 0.5$ . While the main drawback of the numerical method is that only finite times can be reached in the simulations, the comparison of various schemes to extract the frequency dependence supports our conclusion.

Our results for two-leg spin ladders are consistent with the absence of ballistic contributions in agreement with Refs. [33,75,77,82]. At high temperatures, the XX ladder—which is equivalent to a system of hard-core bosons—exhibits

a simple, Drude-like spin conductivity [82]. This property is lost as either the temperature is lowered or the exchange anisotropy is increased. At low temperatures, the spin conductivity features a two-peak structure with a maximum at  $\omega = 0$  and a large weight for frequencies above the optical spin gap. We further computed the dc spin conductivity; it decreases as the exchange anisotropy increases from  $\Delta = 0$  towards  $\Delta = 1$  and is a monotonically increasing function of temperature.

The thermal conductivity was obtained in the infinite-temperature limit, and our data agree reasonably well with earlier exact-diagonalization results [75]. We extracted estimates for mean-free paths via kinetic equations that are used in the analysis of experimental data [69]. The (momentum-averaged) mean-free paths  $l_{\text{mag}}$  obtained from  $\kappa$  are larger than the ones calculated from  $\sigma$ . Thus,  $l_{\text{mag}}$  depends on the type of transport considered, and it is therefore not obvious that values for  $l_{\text{mag}}$  can directly be interpreted as a mean-free path of single-particle excitations. Future time- and real-space experiments could provide additional insight into the connection between single-excitations and the mean-free paths observed in transport measurements.

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